

**“I touch the future. I teach.”**

- Christa McAuliffe



## Why Assist?

“A hundred years from now, it will not matter what kind of car I drove, what kind of house I lived in, how much money I had in the bank...but the world may be a better place because I made a difference in the life of a child.”

- Forest Witcraft

# Why Assist?

## Impact

- Treat 40 patients/clients a week
- Typical course size: 30-40 students
- Weekly number of patients/clients affected by your assisting:

**1,200 to 1,400**

# Why Assist?

## Benefits

- “By learning you will teach; by teaching you will understand”
  - Latin Proverb
- “To teach is the center of to learn.”
  - Japanese Saying
- “To teach is to learn twice over.”
  - Joseph Jonbert
- “We learn by teaching.”
  - James Howell

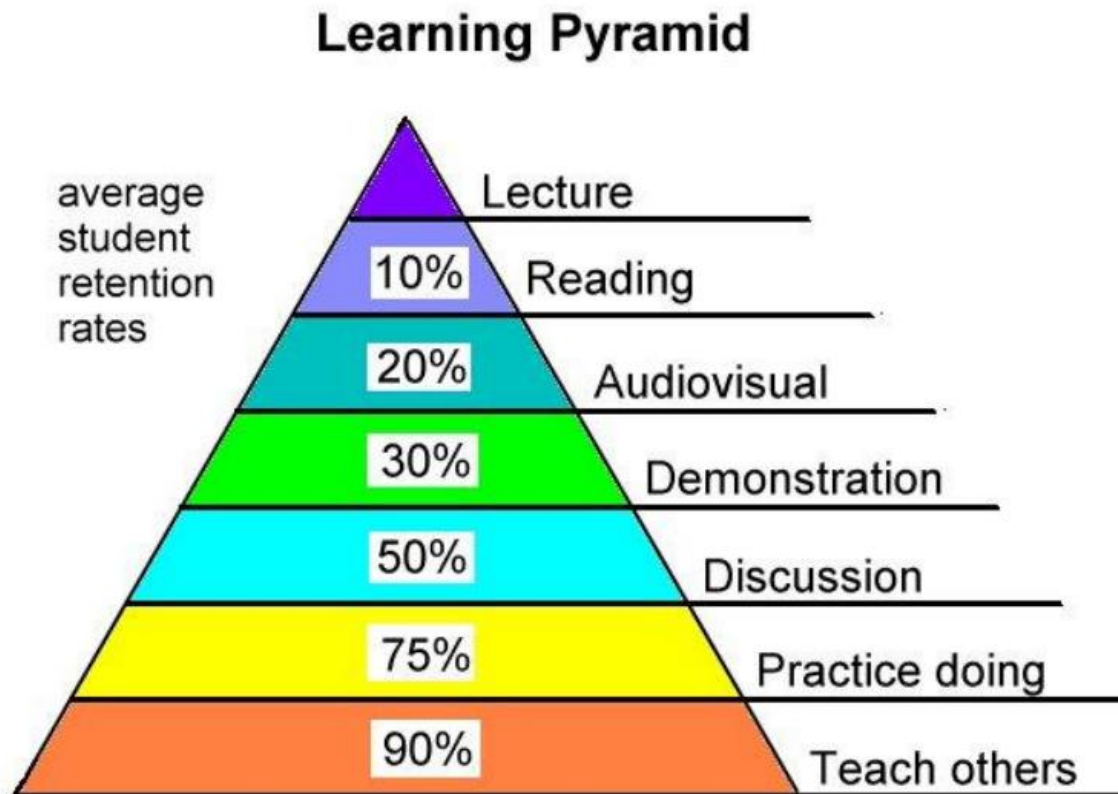
# Why Assist?

## Benefits

- Repeating a course with multiple teachers without paying
- Hearing the material over and over
- Assisting multiple students with the same techniques
- Preparing yourself to assist
- Quality time with the teachers and assistants

# Why Assist?

## Benefits



Source: National Training Laboratories, Bethel, Maine

# Why Assist?

## Benefits

- Teaching Assistants
  - \$100 voucher for 4 day course (\$25/day for other courses)
  - 15% discount on select educational items purchased at course
  - Designated credentials on IAHP website
- Certified Teaching Assistants
  - \$200 voucher for 4 day course (\$50/day for other courses)
  - 25% discount of select educational items purchased at course
  - \$12.50/day toward expenses
  - Designated credentials on IAHP website

# How to become an Assistant

## VM1: Teaching Assistant Requirements

- Successful attendance at two Visceral Manipulation: Abdomen 1 (VM1) workshops.  
*In certain situations, attending the VM1 for the second time may be substituted by attending a sanctioned VM1 study group or attending Listening Techniques.*
- Successful attendance at one Visceral Manipulation: Abdomen 2 (VM2) workshop.
- Successful attendance at one Visceral Manipulation: The Pelvis (VM3) workshop **OR**
- Successful attendance at one Visceral Manipulation: The Thorax (VM4) workshop.
- Recommendation from a Certified Visceral Manipulation Instructor.



# How to become an Assistant

## VM1: Teaching Assistant Requirements

- Notify Teacher on Day 1 that you are interested in Assisting
- Time will be set for the Instructor to test your hands
- Requirements for other courses are listed on the website

# Teaching Assistant Guidelines

## General

- Be on time every day
- Dress Code: representing the Barral Institute
- Personal Hygiene (mints, perfumes, scented lotions)
- Leaving the room (breaks, lectures)

# Teaching Assistant Guidelines

## General

- Don't treat participants during the course
- Odd number of students: act as a partner
- Fill out the course evaluation form
- Evaluated by the teacher, facilitator, participants and the other assistants – request these for your own growth

# Teaching Assistant Guidelines

## Instructor

- Instructor is in charge of the class
- Meeting before class starts on first day (Instructor leads)
- Team
- Inquire if they need anything (support them)

# Teaching Assistant Guidelines

## Instructor

- Brief end of day meeting
- Share which students are exceptional or lagging behind
- Share if there is a question repeated by multiple students
- Watch when they are demonstrating lab techniques

# Teaching Assistant Guidelines

## Instructor

- Become familiar with the room: lights, temperature control
- Inform if the microphone is too loud or too quiet
- If you have a different opinion than the Instructor or you have a question, discuss with them at a break not in front of the class
- Let Instructor know if you want to qualify to assist other courses

# Teaching Assistant Guidelines

## Facilitator

- Responsible for the overall organization of the course
- Mediator between the Institute and the hotel
- Introduce yourself at the beginning of day 1
- Inquire if they need anything

# Teaching Assistant Guidelines

## Facilitator

- Issues with the room/bathrooms
- Participant is missing
- Specific questions about upcoming courses or products
- Offer to get lunch
- Suggestions for: Venue, books, audiovisuals, products and materials



# Teaching Assistant Guidelines

## Other Teaching Assistants

- Refrain from side conversations during lecture and lab
- Avoid treating each other any time during the course
- When discussing participants make sure that you are in a private area
- As a team divide up the room into sections and then rotate
- Team

# Teaching Assistant Guidelines

## Students

- Create a safe and supportive learning environment
- Mingle with course participants during registration
- Observe and circulate as much as possible during lab
- Use same hand positions that the Instructor used

# Teaching Assistant Guidelines

## Students

- Be aware of the goal and length of the lab
- Only spend a few minutes at each table, you're assisting not treating
- Hands over their hands, hand on their body, hands in the air/prop
- Your role is to clarify and assist with palpation
- Actions speak louder than words

# Teaching Assistant Guidelines

“Tell me and I forget. Teach me and I remember.  
Involve me and I learn.”

- Benjamin Franklin

“I hear and I forget. I see and I remember. I do  
and I understand.”

- Chinese Proverb

# Teaching Assistant Guidelines

## Students

- Keep techniques to those being taught
- Positive Reinforcement is essential
- Praise is the best learning motivator

“Nine-tenths of education is encouragement”

- Anatole France

# Teaching Assistant Guidelines

“A teacher affects eternity; he can never tell where his influence stops.”

- Henry Adams

# Teaching Assistant Guidelines

“Education is not the filling of the pail but the lighting of a fire.”

- William Butler Yeats

# Questions?

